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detaching the plurality of the retainers from the anvil, such that the portion of the fastener retaining frame is retained within the circular recess of the flange.

- 16. The method of fastening tissue according to claim 15, wherein detaching the plurality of the retainers from the anvil 5 includes severing the weakened portion of the fastener retaining frame.
- 17. The method of fastening tissue according to claim 16, wherein detaching the plurality of the retainers from the anvil includes severing the weakened portion of the fastener retaining frame by an annular blade operatively disposed in the end effector.
- 18. The method of fastening tissue according to claim 15, wherein applying the surgical fasteners through the tissue includes engaging the surgical fasteners with the respective 15 retainers.
- 19. The method of fastening tissue according to claim 15, further comprising clamping the tissue between the tubular body and anvil by moving the anvil toward the tubular body.

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